

Snicking drills

Set-up – you need a standard thin plastic cone, a batting glove, and at least two keepers.

The keeper sets up in normal style for standing up. Feeder is about 4-5m away and on one knee, batsman has batting glove on hand, holding the plastic cone. Feeder provides a firm underarm throw to reach the keeper at about waist height on the full, and the batsman tries to get a small nick on the ball with the edge of the cone as the

ball passes them (This requires a bit of skill on the batsman's part!).

This is a great drill for providing practice of thin nicks when standing up to the stumps, and teaches the keeper to stay relaxed and keep their hands in a good position behind the ball, even when something is moving at a fast pace.

Do this for both right and left-handed batsmen.

